

# Nottinghamshire Sporthall League Year Plan 2024-25

02/10/2024 updated

Subject to change if required time table to be issued prior to each event

Venue	Kirkby in Ashfield Leisure Centre NG17 3DJ	Kirkby in Ashfield Leisure Centre NG17 3DJ	Kirkby in Ashfield Leisure Centre NG17 3DJ	Kirkby in Ashfield Leisure Centre NG17 3DJ	Kirkby in Ashfield Leisure Centre NG17 3DJ					
Date	Sun 13-Oct-2024	Sun 03-Nov-2024	Sun 08-Dec-2024	Sun 12-Jan-2025	Sun 09-Feb-2025					
	Match 1	Match 2	Match 3	Match 4	Match 5					
	Start at 10.00 / 10.30	Start at 10.00 / 10.30	Start at 10.00 / 10.30	Start at 10.00 / 10.30	Start at 10.00 / 10.30					
	Officiating Club	Officiating Club	Officiating Club	Officiating Club	Officiating Club					
<b>Ages 8,9 &amp;10</b>	Balance test Target Throw.. Chest Push Standing Triple Jump high stepper Vertical High Jump	Rushcliffe Sutton Retford Worksop Mansfield Newark	Balance test Target Throw.. Foam Javelin Standing Long Jump Speed Bounce high stepper	Newark Rushcliffe Sutton Retford Worksop Mansfield	Balance test Target Throw.. Vertical High Jump Standing Triple Jump Foam Javelin high stepper	Mansfield Newark Rushcliffe Sutton Retford Worksop	Balance test Target Throw.. Chest Push Standing Long Jump Standing Triple Jump Speed Bounce high stepper	Worksop Mansfield Newark Rushcliffe Sutton Retford	Balance test Target Throw.. Standing Long Jump Standing Triple Jump Vertical High Jump high stepper	Retford Worksop Mansfield Newark Rushcliffe Sutton
<b>All Non Scoring</b>	<b>All Non Scoring</b>	<b>All Non Scoring</b>	<b>All Non Scoring</b>	<b>All Non Scoring</b>	<b>All Non Scoring</b>					
<b>U9</b>	1 lap (Non Scoring)	1 lap (Non Scoring)	1 lap (Non Scoring)	1 lap (Non Scoring)	1 lap (Non Scoring)					
<b>U11 GIRLS</b>	1 Lap 3 Lap Speed Bounce Standing Long Jump Foam Javelin Obstacle Relay	Rushcliffe Newark Mansfield	1 Lap 1 lap Hurdles Vertical High Jump Standing Triple Jump Chest Push Under /Over Relay	1 Lap 2 lap Speed Bounce Standing Long Jump Chest Push Hurdles Relay	1 Lap 3 Lap Vertical High Jump Standing Triple Jump high stepper 4x1 Lap Relay	1 Lap 6 Lap Paarlaf Speed Bounce Standing Triple Jump Chest Push Under /Over Relay				
<b>U11 BOYS</b>	1 Lap 3 Lap Speed Bounce Standing Long Jump Foam Javelin Obstacle Relay	Rushcliffe Newark Rushcliffe	1 Lap 1 lap Hurdles Vertical High Jump Standing Triple Jump Chest Push Under /Over Relay	1 Lap 2 lap Speed Bounce Standing Long Jump Chest Push Hurdles Relay	1 Lap 3 Lap Vertical High Jump Standing Triple Jump high stepper 4x1 Lap Relay	1 Lap 6 Lap Paarlaf Speed Bounce Standing Triple Jump Chest Push Under /Over Relay				
<b>U13 GIRLS</b>	2 lap 4 lap Speed Bounce Standing Triple Jump Vertical High Jump Obstacle Relay	Mansfield Sutton Retford	2 lap 8 Lap Paarlaf Vertical High Jump Standing Long Jump Ball Push 4x2 Lap Relay	2 lap 6 Lap Speed Bounce Standing Triple Jump Vertical High Jump Obstacle Relay	2 lap 4 lap Vertical High Jump Standing Long Jump Ball Push 4x2 Lap Relay	2 lap 8 Lap Paarlaf Speed Bounce Standing Triple Jump Vertical High Jump Obstacle Relay				
<b>U13 BOYS</b>	2 lap 4 lap Speed Bounce Standing Triple Jump Vertical High Jump Obstacle Relay	Mansfield Sutton Retford	2 lap 8 Lap Paarlaf Vertical High Jump Standing Long Jump Ball Push 4x2 Lap Relay	2 lap 6 Lap Speed Bounce Standing Triple Jump Vertical High Jump Obstacle Relay	2 lap 4 lap Vertical High Jump Standing Long Jump Ball Push 4x2 Lap Relay	2 lap 8 Lap Paarlaf Speed Bounce Standing Triple Jump Vertical High Jump 4x2 Lap Relay				
<b>U15 GIRLS</b>	2 lap 4 lap Speed Bounce Standing Long Jump Ball Push Vertical High Jump 4x2 Lap Relay	Rushcliffe Newark Retford Wsp-Notts	2 lap 4 lap Vertical High Jump Standing Long Jump Standing Triple Jump Speed Bounce 4x2 Lap Relay	2 lap 4 lap Speed Bounce Standing Triple Jump Vertical High Jump Ball Push 4x2 Lap Relay	2 lap 4 lap Vertical High Jump Standing Long Jump Standing Triple Jump Speed Bounce 4x2 Lap Relay	2 lap 8 Lap Paarlaf Vertical High Jump Standing Long Jump Ball Push Speed Bounce 4x2 Lap Relay				
<b>U15 BOYS</b>	2 lap 4 lap Speed Bounce Standing Triple Jump Ball Push Standing Long Jump 4x2 Lap Relay	Mansfield Sutton Worksop Wsp-Notts	2 lap 4 lap Vertical High Jump Standing Long Jump Speed Bounce Standing Triple Jump 4x2 Lap Relay	2 lap 4 lap Speed Bounce Standing Triple Jump Ball Push Standing Long Jump 4x2 Lap Relay	2 lap 4 lap Vertical High Jump Standing Long Jump Standing Triple Jump Speed Bounce 4x2 Lap Relay	2 lap 8 Lap Paarlaf Vertical High Jump Standing Long Jump Ball Push Standing Triple Jump 4x2 Lap Relay				
<b>Officials</b>	Track Judge Markman Set up Events Match 1	ALL Worksop ALL	Track Judge Markman Set up Events Match 2	ALL Worksop ALL	Track Judge Markman Set up Events Match 3	ALL Worksop ALL	Track Judge Markman Set up Events Match 4	ALL Worksop ALL	Track Judge Markman Set up Events Match 5	ALL Worksop ALL

**Dates to Remember**

Sat 01-Mar-2025 Sportshall East Midland Regional Final (11 to 15)  
Sat 12-Apr-2025 Sportshall UK Final (13 - 15)

Meres Leisure Centre Grantham  
Fenton Manor Leisure Centre Stoke on Trent

**notes** Minimum age for the Taster Sessions is 8 years old on the day of the event  
Minimum age for the main scoring events is 9 years old on the day of the event  
No minimum age for the 1 lap non scoring