

# Notts Sportshall League Match 3 ( U11 to U15)

## Kirkby in Ashfield Leisure Centre

23 November 2024



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### Timetable

Finish time Approx 1.30 pm

Starts:-10.00 (taster) 10.30 (main Competition) *Do not forget your Hat*



The 6 event circuit taster session starts at 10am. For ages 8, 9 and 10 year olds (non scoring)

Starts:-10.00 Taster Session (events with organising club)

Balance Beam (Mansfield)

Foam Javelin (Retford)

Standing Triple jump (Sutton)

Target Throw (Newark)

High Stepper (Worksop)

Vertical jump (Rushcliffe)

**Track** **EVENT**



**Field** **Approx tin** **EVENT**

Organising Club

First Race 11.05

First 6 Field Event at 10.50

Awards from last match

T1	U11 Girls	1 Lap
T2	U11 Boys	1 Lap
T3	U13 Girls	2 Lap
T4	U13 Boys	2 Lap
T5	U15 Girls	2 Lap
T6	U15 Boys	2 Lap
T7	U11 Girls	2 Lap
T8	U11 Boys	2 Lap
T9	U13 Girls	6 Lap
T10	U13 Boys	6 Lap
T11	U15 Girls	4 Lap
T12	U15 Boys	4 Lap
T13	U9 mixed	1 Lap (non scoring)
	Raffle	<i>Do not forget your Hat</i>
T14	U11 Girls	Hurdles Relay
T15	U11 Boys	Hurdles Relay
T16	U13 Girls	Obstacle Relay
T17	U13 Boys	Obstacle Relay
T18	U15 Girls	4x2 Lap Relay
T19	U15 Boys	4x2 Lap Relay
T20	Adult mixed	4x1 Lap Relay



**Remember we need a field team and a Track Judges from each club**

Athlete's U13 and U11 can do 3 events plus a relay. ( For the U11's the taster session events are not included)

U15 Athletes can do 4 events plus a relay ( Note U15 multi event competition today)

No Entrance for parents to the Sports-Hall before 9.45 am NO FOOD OR DRINK allowed in the Sportshall

Seating is limited therefore please aim to attend with the minimum of spectators

No sitting or running in the entrance hall or the corridors at any time.