

Mini League XC, Rushcliffe Country Park, 21st Feb 2016. 11:00 start

U11G (1500m – 1 long lap)

U11B (1500m – 1 long lap)

U13G (2000m – 2 short laps)

U13B (3000m – 2 long laps)

U15G (3000m – 2 long laps)

U15B (4000m – 1 short lap + 2 long laps)

----- long lap (1500m)

- - - - short lap (1000m)

