



**U11G - 1 large (~1000m)**

**U11B - 1 large + 1 small (~1500m)**

**U13G - 2 large (~2000m)**

**U13B - 2 x (1 large + 1 small) (~3000m)**

**U15G - 2 x (1 large + 1 small) (~3000m)**

**U15B - 2 x (1 large + 1 small) + 1 large (~4000m)**

**Large** 

**Small** 