

# Nottinghamshire Mini League

(Founded 1977)

## TRACK AND FIELD SEASON 2013

(Held under UKA Rules)

Blue items are this year amendments'

1. Ages are as at 31<sup>st</sup> August 2013.
2. All competing athletes must be FIRST CLAIM members of affiliated clubs
3. **Under 11, girls and boys** may compete in **three events plus a relay**. i.e. an athlete may score in 80m, guest in the 150m, **score in High Jump** and score in the 4 x 100m; he or she cannot take part in any other events.
4. **Under 13 and Under 15, girls and boys** may only compete in **three events plus a relay**. i.e. an athlete may guest in 100m, score in 200m, score in the LJ and score in the 4 x 100m relay; he or she cannot compete in any other event.  
It is to be decided by the meeting organisers as whether or not an under 17 athlete may be allowed to compete as a guest.
5. Rules 3 and 4 above apply to both scoring and non-scoring athletes.
6. One scoring competitor is allowed per club, per event, up to and including the 400m, two scoring competitors can be declared in field events with the best to score. Guests may be allowed in field events at the discretion of the meeting organiser. Team managers should use discretion on the number of guests sent to an event, if each club sent 10 guests to the Long Jump for example; the consequences in time management are obvious.
7. Two competitors per club may be declared in middle distance events- 600m+ (First to score), one to wear a single letter and the other to wear double letters. Guests may compete in these events. In the interests of safety it may be necessary to divide each event into two races, i.e. scoring and non-scoring.
8. At each meeting additional non-scoring 80m races will be held for under 11 boys and girls and 100m for under 13 and under 15 boys and girls. Guests will be allowed in the 150m, 200m and 300m (U15 boys only) at the discretion of the marksman if time permits. Guest relays will be allowed at the discretion of the meeting organiser.
9. Non-scoring 50m races will be held for the under 9's. Under 9's may not score or guest in any other event.
10. Points scoring – all events including relays:

1 <sup>st</sup>	7pts	2 <sup>nd</sup>	6pts	3 <sup>rd</sup>	5pts
4 <sup>th</sup>	4pts	5 <sup>th</sup>	3pts	6 <sup>th</sup>	2pts
7 <sup>th</sup>	1pt				
11. IT was requested that we should use Match points on track results for all age groups separately and trophies be bought for the same The final match score would also be done on match points all agreed

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President:- Mr J. Tomlinson

Chair :- Mr J Walters

Secretary/Treasurer :- Barry Holmes 41 Leeming Lane South, Mansfield Woodhouse, Mansfield, Notts, NG19 9AX

Tel :- 01623 479492 Fax :- 01623 475811 E-mail :- [b.holmes6@ntlworld.com](mailto:b.holmes6@ntlworld.com)

Web Site [www.notts-minileague.co.uk](http://www.notts-minileague.co.uk) email [john@notts-minileague.co.uk](mailto:john@notts-minileague.co.uk)

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All competing athletes must be allocated numbers which may be retained for the whole season. Scoring athletes in each event must wear identification letters Back and Front and guests must wear numbers.

<u>Club</u>	<u>Scoring</u>	<u>2<sup>nd</sup> Scorer</u>	<u>Non-scoring</u>
Mansfield	M	MM	001 – 099
Newark	B	BB	101 – 199
Notts	X	XX	701– 899
Rushcliffe	A	AA	301– 399
Worksop	W	WW	401 – 499
Sutton	S	SS	501 – 599
Retford	T	TT	601 – 699

11. Clubs are to provide their own letters, numbers and pins. Two pins must be used to secure each number securely (one each side).
12. Competitors in all races must wear same numbers or letters back and front.
13. All competitors must wear a club vest and these must be tucked in during races.
14. For this season each club has been allocated specific events(s) for which they will be responsible for officiating at each meeting. Please ensure that there is at least **ONE qualified field official** at each event. **Each club MUST also provide one timekeeper and one track judge** If clubs are unable to provide officials then they MUST inform the host club at least ONE week beforehand in order that other clubs can be approached to help, otherwise events may have to be withdrawn at short notice. This can be done by an email to [john@notts-minileague.co.uk](mailto:john@notts-minileague.co.uk)

### OFFICIALS MUST REGISTER IN GOOD TIME FOR THEIR EVENTS PLEASE.

15. Three trials in each field event for scorers and two trials for guests, with the exception of the high jump.
16. The Host Club will be responsible for the following, Starter Marksman and Chief Officials and Results team if Required
17. First aid cover MUST be provided.

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18. Hosting clubs should arrange meetings in good time **all field events MUST have at least ONE qualified official in place.**
19. Programmes to be sent out at least one week prior to the event / Declaration sheets will be sent out by the Mini League Secretary.
20. There will be a raffle to raise funds for the mini league; all prizes, raffle tickets etc. will be provided by the league secretary on the day. Monies raised should be forwarded to the league treasurer.
21. Team sheets for all clubs will be sent prior to the match and this will contain all the dates of birth for each athlete. The sheet needs to be up dated with new athletes names and numbers for all athletes that may attend these events and sent to the Results Secretary prior to the match so the data base can be updated. Please note that any scoring Athlete competing without the correct date of birth being recorded. The team points achieved will be removed but the athlete's position will remain intact. This date of birth may be up dated PRIOR to the athletes first event taking place
22. Declaration sheets to be submitted to the results organiser a couple of days before the match **and must be before** the start of the first event at 10.30am, This must include relay teams.
23. Declaration sheets must be correctly completed and include the Christian names of all athletes. Changes will be allowed on the day provided they are submitted prior to the event taking place. No points will be allocated to undeclared or incorrectly entered athletes.
24. With the current results programme guest sheets are not required provide guest numbers and dates of birth are added to the Team lists. Should the results be done manually guest sheet will be required, this will be advised prior to the match
25. Any Athlete competing in at least two competitions for the Notts Mini league may be selected for the end of season intercounties match. They will only be selected for similar events that they have participated in during these matches. The athletes' place of birth, residential address, or school being attended will have NO bearing in this selection. If conflict occurs with an adjacent county then the athlete will have the final decision. (agreed AGM Jan 2012)
26. Mini League results will be considered when selecting an Inter County Team. However if a satisfactory team cannot be formed from these results for whatever reason then consideration will be given to results from other leagues. Club representatives will be asked to put forward athletes from their club, together with their achievements who they wish to be considered for selection to the team at least **ONE** week prior to the selection meeting as detailed on the web site diary

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27. In the event of a tie at the end of the season the winning team will be decided on the number of first places gained that season. It will be the responsibility of team managers to keep account of such figures throughout the season.
- 28 There will be a trophy awarded at each competition to the female and male athlete of the match, which will be retained, by those athletes selected.
- There will be trophies for each age group overall winners to be retained for 1 year  
All Matches and age groups will be awarded Match points to be totalled at final Match
- 29 **Programme for this season these will be posted on the web site**
- 30 If “Chest push” or “Turbo Javelin” is on the programme and cannot be preformed in the normal designated area for this type of event. An area must be provided away from other events and this area is to be coned off to keep athletes away from the landing area also a marked throwing area to be provide at least 2metres square.
- 31 “ Turbo Javelin” is to be replaced by “Howler Javelin”
- 32 If an old record is broken more then once in the same event then all these athletes will receive a Certificate for there achievement

**All meetings will commence at 10.30am**

At Berry Hill & Harvey Hadden and the maximum spike length is 6mm

**ALL TEAM MANAGERS AND COACHES MUST BE AWARE OF CHILD PROTECTION POLICIES AND ENSURE THAT ALL ATHLETES ARE CAPABLE OF COMPETING IN THE EVENTS THEY ARE ENTERED FOR.**

**ALSO CHILD PROTECTION POLICIES MUST BE OBSERVED REGARDS TAKING OF PHOTOGRAPHS ALL CAMERAS MUST BE REGISTERED AT THE EVENT**

**PLEASE NOTE IT IS IMPORTANCE THAT THE ONLY PERSONS ON THE TRACK AND SURROUNDING AREAS SHOULD BE TEAM MANAGERS, OFFICIALS AND ATHLETES THIS RULE WILL BE STRICKLY APPLIED**

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