

LINCOLNSHIRE ATHLETIC ASSOCIATION

U13/U15 Inter Counties, Sunday 9th September 2012

S.K.D.C. Stadium, Meres Leisure Centre, Grantham

| <i>Track Events</i> | <i>Field Events</i> | <i>Officials</i> |
|---|-------------------------|------------------|
| T1 12.30 U13G 70 m Hurdles | F1 12.00 U13G High Jump | Derby |
| T2 12.40 U13B 75m Hurdles | F2 12.30 U13B Long Jump | Humb |
| T3 12.50 U15G 75m Hurdles | F3 12.30 U15G Shot Putt | L & R |
| T4 1.00 U15B 80m Hurdles | F4 12.30 U15B Discus | Lincs |
| T5 1.15 U15B 300m | | |
| T6 1.25 U13G 100m | F5 1.00 U15B High Jump | Notts |
| T7 1.35 U13B 100m | F6 1.30 U15G Long Jump | S.Yorks |
| T8 1.45 U15G 100m | F7 1.30 U13B Shot Putt | Warks |
| T9 1.55 U15B 100m | F8 1.30 U15G Discus | L & R |
| T10 2.05 U13G 800m | | |
| T11 2.20 U13B 800m | F9 2.15 U15G High Jump | Lincs |
| T12 2.35 U15G 800m | F10 2.30 U15B Long Jump | Humb |
| T13 2.50 U15B 800m | F11 2.30 U13G Shot Putt | Derby |
| T14 3.10 U13G 200m | F12 2.30 U15B Javelin | Notts |
| T15 3.20 U13B 200m | | |
| T16 3.30 U15G 200m | F13 3.15 U13B High Jump | Warks |
| T17 3.40 U15B 200m | F14 3.30 U13G Long Jump | S. Yorks |
| T18 3.50 U15G 1500m | F15 3.30 U15B Shot Putt | Lincs |
| T19 4.00 U15B 1500m | F16 3.30 U15G Javelin | Derby |
| T20 4.10 U13G 4x100m Relay | | |
| T21 4.15 U13B 4x100m Relay | | |
| T22 4.20 U15G 4x200m Relay | | |
| T23 4.25 U15B Medley Relay(200m,200m,300m,100m) | | |

All Field events except the High Jump will be allowed 4 trials each.

The High Jump will be 3 failures at one height for elimination.

All individual track events will be run with an A and B race except the 1500m which will have one female race and one male race per age group with the A and B athletes running together.