

# U13 / U15 Inter-Counties Track and Field Championship

Hosted By **Humberside**

issue date

Venue **Costello Stadium Hull HU4 6XQ**

01-07-19

Permit number **OUT19/303**

## TIMETABLE

Date **Saturday-14-September-2019**

Track Events				Field Events				Officiating Club
<b>"A" races followed by "B" races</b>								
T1	12.30	70m Hurdles	U13G	F1	11.45	Shot Put	U13G	Warwickshire
T2	12.40	75m Hurdles	U13B	F2	11.45	Long Jump	U13B	Humberside
T3	12.50	75m Hurdles	U15G	F3	11.45	Discus	U15G	Derbyshire
T4	1.00	80m Hurdles	U15B	F4	11.45	High Jump	U15B	Nottinghamshire
T5	1.15	300m	U15B					
T6	1.25	100m	U13G	F5	12.50	High Jump	U13B	South Yorkshire.
T7	1.35	100m Guest	U13G					
T8	1.45	100m	U13B	F6	1.00	Long Jump	U15G	Warwickshire
T9	1.55	100m Guest	U13B	F7	1.00	Shot Put	U15G	Humberside
T10	2.05	100m	U15G					
T11	2.15	100m Guest	U15G	F8	1.25	Discus	U15B	Derbyshire
T12	2.25	100m	U15B					
T13	2.35	100m Guest	U15B	F9	2.05	Long Jump	U13G	Humberside
T14	2.45	800m	U13G					
T15	3.00	800m	U13B	F10	2.10	Shot Put	U13B	Lincolnshire
T16	3.15	800m	U15G					
T17	3.30	800m	U15B	F11	2.20	Javelin	U15B	Leic & Rutland
T18	3.45	200m	U13G					
T19	3.55	200m	U13B	F12	2.25	High Jump	U15G	Nottinghamshire
T20	4.05	200m	U15G					
T21	4.15	200m	U15B	F13	3.15	Long Jump	U15B	Warwickshire
T22	4.25	1500m	U15G	F14	3.15	Shot Put	U15B	Lincolnshire
T23	4.35	1500m	U15B					
T24	4.45	4x100m relay	U13G	F15	3.35	High Jump	U13G	South Yorkshire.
T25	4.50	4x100m relay	U13B					
T26	4.55	4x200m relay	U15G	F16	3.35	Javelin	U15G	Leic & Rutland
T27	5.05	Medley relay100,200,300,400	U15B					

Every attempt will be made to keep to the Timetable but please be aware that exact times of events may vary.

Team Managers are responsible for ensuring that their athletes report to the start area for their event at least ten minutes before their event

For field events at least fifteen minutes before so as to have time to measure run-ups and have the necessary practices.

Please listen for announcements of changes or the start of the events

Please ensure that the Chief Assistant Starter and the relevant Field Officials know if a Field event and Track event clash for any athlete

Track race cannot be postponed / delayed to wait for an athlete to arrive.