

**Notts Mini-League Track and Field (1)****Toothill School Bingham****Saturday, May 4, 2019**

Issued 28-03-19

Ref	Track start 10,00	Ref	Field	Est.Start Time	Officiating Club
T1	U13 Girls 70m hurdles	F1	U11 Boys Howler Javelin	10.00	Mansfield
T2	U13 Boys 75m hurdles	F2	U15 Boys High Jump	10.00	Notts
T3	U15 Girls 75m hurdles	F3	U13 Girls Long Jump	10.10	Newark & Retford
T4	U15 Boys 80m hurdles	F4	U15 Girls Javelin	10.30	Sutton & Rushcliffe
T5	U11 Girls 80m	F5	U13 Boys High Jump	10.40	Worksop
T6	U11 Boys 80m	F6	U11 Girls Howler Javelin	11.00	Mansfield
T7	U13 Girls 100m	F7	U15 Boys Javelin	11.25	Sutton & Rushcliffe
T8	U13 Boys 100m	F8	U11 Boys High Jump	11.25	Notts
T9	U15 Girls 100m	F9	U13 Boys Long Jump	11.40	Newark & Retford
T10	U15 Boys 100m	F10	U15 Girls Shot	11.50	Worksop
T11	U9g 50m	F11	U13 Girls Javelin	12.00	Sutton & Rushcliffe
T12	U9g 50m	F12	U11 Girls High Jump	12.20	Notts
T13	U11 Girls 600m	F13	U15 Girls Long Jump	12.40	Newark & Retford
T14	U11 Boys 600m	F14	U13 Girls Shot	12.50	Worksop
T15	U15 Girls 200m	F15	U13 Boys Javelin	13.20	Sutton & Rushcliffe
T16	U15 Boys 200m	F16	U15 Boys Shot	13.30	Worksop
T17	U13 Girls 200m				
T18	U13 Boys 200m				
T19	U11 Girls 150m				
T20	U11 Boys 150m				
T21	U13 Girls 1200m				
T22	U13 Boys 1500m				
T23	U15 Girls 1500m				
T24	U15 Boys 1500m				

**JACK WALTERS Shield** to be awarded to the Athlete who the mini League consider to be the most consistant ,hardworking and improving Athlete in all aspects of the League including Track and Field, Cross Country and Sportshall not forgetting every week during club training nights. Based on the season May 2018 to April 2019. The Sportshall Regional Certificates to be handed out.

T25	U11 Girls 4x100 relay	T28	U13 Boys	4x100 relay
T26	U11 Boys 4x100 relay	T29	U15 Girls	4x100 relay
T27	U13 Girls 4x100 relay	T30	U15 Boys	4x100 relay

Please note if two clubs are listed against a long jump the Athletes will be split and two beds used

Also please remember that the maximum spike length is 6 mm