

## Notts Sports hall League Timetable

## Notts Sportshall League Match 5

Oaktree Leisure Centre Mansfield

Sunday 20 January 2019

Starts:- Field 1.15 track 1.45

Track	Starts 1.45pm	Field	Starts 1.15pm (first 7 events)
T1	U11 Girls 1 Lap	F1	U11 Girls Standing Long Jump Sutton
T2	U11 Boys 1 Lap	F2	U11 Boys Vertical High Jump Notts
		F3	U13 mixed Shot above 7m Worksop & Rushcliffe
T3	U13 Girls 2 Lap	F4	U15 Girls Shot (3 kg) Worksop & Rushcliffe
T4	U13 Boys 2 Lap	F5	U15 Boys Shot (4 kg) Worksop & Rushcliffe
T5	U15 Girls 2 Lap		<b>U11 boys Balance selected athletes</b> Joyce and Martin (Sutt)
T6	U15 Boys 2 Lap		<b>U13g triple jump selected athletes</b> Les and Sue
		F6	U13 Girls Shot (2.72kg) below 7 m Rushcliffe
T7	U13 Girls 6 Lap	F7	U13 Boys Vertical High Jump Retford
T8	U13 Boys 6 Lap	F8	U15 Boys Standing Long Jump Newark
T9	U11 Girls 2 Lap	F9	U11 Girls Vertical High Jump Rushcliffe
T10	U11 Boys 2 Lap		
		F10	U13 Boys Shot (3kg) below 7 m Rushcliffe
T11	U9 mixed 1 Lap (non scoring)	F11	U11 Boys Standing Long Jump Sutton
		F12	U13 Girls Vertical High Jump Rushcliffe
T12	U15 Girls 4 Lap	F13	U11 Girls Chest Push Notts
T13	U15 Boys 4 Lap	F14	U13 Boys Standing Long Jump Newark
	<b>Raffle</b>		
T14	U13 Girls 4x2 Lap Relay	F15	U15 Girls Vertical High Jump Retford
T15	U13 Boys 4x2 Lap Relay	F16	U11 Boys Chest Push Rushcliffe
T16	U15 Girls 4x2 Lap Relay	F17	U15 Girls Standing Long Jump Sutton
T17	U15 Boys 4x2 Lap Relay		
T18	U11 Girls Grand Prix Relay	F18	U15 Boys Speed Bounce 30 sec Notts
T19	U11 Boys Grand Prix Relay	F19	U13 Girls Standing Long Jump Newark
	Field referee <b>Les Chambers</b>	Place Recorders <b>Mansfield / Worksop</b>	
	Marksmen <b>Richard Harrop</b>	Set Up <b>ALL</b>	
	Starter <b>Anita Spray</b>	Results <b>Helen &amp; Sophie</b>	
		Timekeepers <b>Barry Holmes</b>	

### Awards at the end of the Match

1, Athlete of the match Awards from the Dec Match

2 Any Outstanding Awards

To be awarded later after fully checking the results

3 Best U15 Girls Shot

7 Best Female Athlete of the Year

4 Best U15 Boys Shot

8 Best Male Athlete of the Year

5 Age group Club Awards (If Possible)

9 Athlete of the match Awards from this Match

6 Club Of the year Award (If Possible)

**No Entrance to the Sports-Hall before 1.10pm NO FOOD OR DRINK allowed in the Sportshall**

**Athletes and Team Managers down stairs, parents upstairs please**

**We have been asked to remain in the hall or upstairs in the veiwing gallery during the events**

**with no sitting or running in the entrance hall or the corridors at any time**

**also please do not arrive before 12.30. We are allowed to wait only in the acorn room behind the reception or out side not in the reception or by the doors in the corridor**

**No one is allowed in the veiwing gallery until after 1.00pm or into the hall until the doors are opened**