

Notts Sports hall League Timetable

Notts Sportshall League Match 4

Oaktree Leisure Centre Mansfield

Sunday 09 December 2018

Starts:- Field 1.15 track 1.45



Do not forget your Hat



Track

Starts 1.45pm

Field

Starts 1.15pm (first 5 events)

T1	U11 Girls	1 Lap	F1	U11 Girls	Standing Triple Jump	Worksop
T2	U11 Boys	1 Lap	F2	U11 Boys	Speed Bounce 20 sec	Rushcliffe
T3	U13 Girls	2 Lap	F3	U13 mixed	Shot above 7m	Sutton and Notts
T4	U13 Boys	2 Lap	F4	U15 Girls	Shot (3 kg)	Sutton and Notts
T5	U15 Girls	2 Lap	F5	U15 Boys	Shot (4 kg)	Sutton and Notts
T6	U15 Boys	2 Lap	F6	U13 Girls	Shot (2.72kg) below 7 m	Notts
T7	U11 Girls	1 lap Hurdles	F7	U13 Boys	Speed Bounce 30 sec	Sutton
T8	U11 Boys	1 lap Hurdles	F8	U15 Boys	Standing Triple Jump	Mansfield
T9	U9 mixed	1 Lap (non scoring)	F9	U11 Girls	Speed Bounce 20 sec	Rushcliffe

Interval and U11 Foam Javelin

T10	U13 Girls	4 Lap	F12	U11 Girls	Foam Javelin (in the Interval)	Retford
T11	U13 Boys	4 Lap	F13	U13 Girls	Speed Bounce 30 sec	Sutton
T12	U15 Girls	4 Lap	F14	U13 Boys	Standing Triple Jump	Mansfield
T13	U15 Boys	4 Lap	F15	U15 Girls	Speed Bounce 30 sec	Rushcliffe
T14	U11 Girls	Hurdles Relay	F16	U11 Boys	Foam Javelin (in the interval)	Retford
T15	U11 Boys	Hurdles Relay	F17	U15 Girls	Standing Triple Jump	Worksop
T16	U13 Girls	Obstacle Relay	F18	U15 Boys	Speed Bounce 30 sec	Sutton
T17	U13 Boys	Obstacle Relay	F19	U13 Girls	Standing Triple Jump	Mansfield
T18	U15 Girls	4x2 Lap Relay				
T19	U15 Boys	4x2 Lap Relay				
T20	Adult mixed	4x1 Lap Relay				

Field referee **Les Chambers**
Marksmen **Richard Harrop**
Starter **Anita Spray**

Place Recorders **Newark / Retford**
Set Up **ALL**
Results **Helen & Sophie**
Timekeepers **Barry Holmes**

No Entrance to the Sports-Hall before 1.10pm NO FOOD OR DRINK allowed in the Sportshall

Athletes and Team Managers down stairs, parents upstairs please

We have been asked to remain in the hall or upstairs in the veiwing gallery during the events with no sitting or running in the entrance hall or the corridors at any time also please do not arrive before 12.30. We are allowed to wait only in the acorn room behind the reception or out side not in the reception or by the doors in the corridor

No one is allowed in the veiwing gallery until after 1.00pm or into the hall until the doors are opened