

Under 13 Girls Team Sheet		Section A				Section B									Please record the name of each athlete's club or school
		2 Lap Race	4 Lap Race	6 Lap Time Trial	4 x 1 Lap Relay	Obstacle Relay	8 Lap Paarlauf	4 x 2 Lap Relay	Shot	Speed Bounce	St. Long Jump	St. Triple Jump	Vertical Jump		
No.	athletes full name / athletes per event	2	2	2	4	4	2	4	2	2	2	2	2		
1	Phoebe Clayton	✓						✓			✓			Rushcliffe	
2	Chesea Fagan	✓						✓						Notts	
3	Zoe Smith		✓				✓				✓			Newark	
4	Lucy Rich		✓			✓				✓				Rushcliffe	
5	Tammy Smith			✓			✓					✓		Mansfield	
6	Anja England			✓		✓							✓	Notts	
7	Kate Ridgway				✓			✓					✓	Rushcliffe	
8	Beatrix Davis				✓	✓				✓				Rushcliffe	
9	Faith Davenport				✓	✓			✓					Notts	
10	Natasha Need				✓	✓						✓		Notts	
11	Serenity Joynt								✓					Mansfield	
12															

Each athlete is limited to one event per section, please tick the appropriate box for each athlete's events.

Athlete numbers will be issued on arrival and must be recorded next to the athlete's name.

Once complete, all team sheets must be handed in to the scoring table ensuring you keep a copy for your own reference.

It would assist us greatly if you could forward to us a copy of your team sheets four days before the competition.

Alterations to these sheets will be permitted on the day of the event.

Under 13 Boys Team Sheet		Section A				Section B									Please record the name of each athlete's club or school
		2 Lap Race	4 Lap Race	6 Lap Time Trial	4 x 1 Lap Relay	Obstacle Relay	8 Lap Paarlauf	4 x 2 Lap Relay	Shot	Speed Bounce	St. Long Jump	St. Triple Jump	Vertical Jump		
No.	athletes full name / athletes per event	2	2	2	4	4	2	4	2	2	2	2	2		
1	Yaw Afirifah-Mensah	✓					✓		✓					Notts	
2	Cameron Barrs	✓					✓							Notts	
3	Ashley Nkomazana		✓				✓			✓				Notts	
4	Adam Vaughan		✓					✓			✓			Worksop	
5	Benjamin Taylor			✓				✓		✓				Notts	
6	Mathew Young			✓				✓					✓	Mansfield	
7	Kwadwo Afirifah-Mensah				✓	✓							✓	Notts	
8	Ethan Lincoln				✓	✓								Newark	
9	Ethan Norris				✓	✓							✓	Notts	
10	Andy Davenport				✓	✓						✓		Notts	
11	Matthew Forrest								✓					Worksop	
12	Thomas Gleave					✓					✓			Retford	