



**DERBYSHIRE ATHLETICS &  
NOTTINGHAMSHIRE A.A.A.  
U11's QuadKids Competition**

As part of the  
**Joint Derbyshire & Nottinghamshire  
COUNTY TRACK & FIELD CHAMPIONSHIPS 2018**  
At Harvey Hadden Stadium, Nottingham.  
**Saturday & Sunday 12<sup>th</sup> & 13<sup>th</sup> May 2018**

Take part in QuadKids - the exciting athletics quadrathlon competition for young athletes, being held at the Derbyshire and Nottinghamshire County Championships. For boys and girls in school years 4 and 5 (must be aged 9 or 10 years on the day of the competition). Open to all – you do not have to be a member of an athletics club.

Each athlete competes in a 75m sprint, a 600m run, long jump and a howler javelin throw. Athletes rotate around all 4 events. Points are gained decathlon-style – the faster you run and the further you throw and jump the more points you get. Medals for top boys and girls (total of the four events) in each county.

**Saturday 12<sup>th</sup> May 2018 Nottinghamshire Girls and Boys**

**Sunday 13<sup>th</sup> May 2018 Derbyshire Girls and Boy**      **Limit of 50 athletes max per day.**

Please register and collect numbers at least 60 min before your first event

Entries to: U11 Quad Kid Comp. 5 Foxhill Close. Sutton in Ashfield, Notts. NG17 2HQ

Email Enquiries:- john@notts-minileague.co.uk

**ABSOLUTELY NO LATE ENTRIES WILL BE ACCEPTED      CLOSING DATE 21st April 2018**

Entries received after the maximum field is reached will be returned. Medals will be awarded to the first three individuals in each county.

County qualification is by school, i.e. entrants who go to a Nottinghamshire school enter Nottinghamshire competition. Members of athletics clubs may choose to represent their club provided the school qualification is met.

Suitable clothing and footwear to be worn, e.g. School PE kit, Club vest, Trainers etc.

Derbyshire Athletics website <http://derbyshireathletics.org.uk> Nottinghamshire A.A.A. website <http://www.nottsaaa.org> (V2/17)

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**Entry form**

Full Name: \_\_\_\_\_ Male      Female

Full Postal Address: \_\_\_\_\_

Tel No: (Home) \_\_\_\_\_ (Mobile) \_\_\_\_\_

Email: \_\_\_\_\_ 75 metre Sprint Time (if known) \_\_\_\_\_ Sec

Date of Birth: \_\_\_\_\_ School Year 4 or 5 \_\_\_\_\_

School or Athletics club to represent: \_\_\_\_\_

I go to a Nottinghamshire School and I am entering the **Nottinghamshire** competition on **Sat 12<sup>th</sup> May 2018**      **Yes / No**

I go to a Derbyshire School and I am entering the **Derbyshire** competition on **Sun 13<sup>th</sup> May 2018**      **Yes / No**

I enclose £5 entry fee (cheque or postal order made payable to:- Notts AAA (regardless of which county competition you are entering) Please write athlete's name on reverse.

Email acknowledgement will be sent, Please register and collect numbers at least 60 min before your first event